



**2019 ACMT Annual Scientific Meeting
Open Mic Competition**

Title: TOX-5: An Xennial's Approach for Teaching Millennials

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Abstract: As useful as technology has become in this day and age, it has been linked to higher levels of anxiety, distractibility, and impaired learning. This has made the traditional ways of teaching challenging for a generation used to fast moving objects, rapid flow of ideas, and the availability of a vast variety of entertainment options at the press of a button, literally. For most of this generation, the idea of a 2-hour talk is unbearable, the use of hardcover textbooks is unpopular, and the inability to concentrate if not promptly engaged is almost a certainty. To keep up with current trends, 5-minute talks to emergency medicine residents covering medical toxicology topics have been introduced during weekly didactics. The use of popular memes coupled with entertaining themes and the audience's awareness of the talk's short duration proved successful in holding their attention. It is anticipated that providing those 5-minute overviews might develop the residents' inquisitiveness, and the weekly repetition of certain concepts may solidify core information more readily. An initial survey showed promising results in terms of satisfaction and helped gather feedback on requested topics for future talks. This is in no way intended to completely replace other methods of teaching or be sufficient medical knowledge about the topics. Rather, it is geared towards increasing familiarity with, and interest in, toxicology; not only for board exams and clinical practice, but also for consideration as a fellowship following residency.

Objective 1: Recognize that we bear the responsibility of teaching all of our students with different mental capabilities and different intelligence types. Times have changed, so should teaching methods

Objective 2: Discuss the potential benefits of the project.

Objective 3: Display examples of what has been done so far and reiterate that this is still in the testing phase.