

## Practice

Job Title/Position: Assistant Professor, Department of Emergency Medicine

Company/Institution/Organization: UT Southwestern

Start Date: 8/1/2016

Time Spent on Activity (Hours/Week) in Position

### Hours in Practice

#### Direct Patient Care

Activity: Assessment/Diagnosis of Addiction and Substance-related Disorders Time Spent on Activity (Hours/Week): 10

#### Applicant's Description of Activity:

Addiction Medicine Practice in ED Observation Unit

In ED obs I treat encounter many addiction issues: patients with opioid use disorder, who may have issues with pain control and withdrawal; patients with cannabinoid induced hyperemesis; patients with tobacco use disorder, requiring nicotine replacement and cessation counseling; those developing alcohol withdrawal; chest pain as a result of cocaine use, & CHF due to cocaine, amphetamines, cathinones. I routinely provide acute management, counseling and follow up resources. Up to 1/3 of shift is spent performing addiction related care.

## Practice Activity

### Practice

Job Title/Position: Medical Toxicologist Company/Institution/Organization: UT Southwestern

Start Date: 8/1/2016 End Date:

Time Spent on Activity (Hours/Week) in Addiction Medicine : 13

### Hours in Practice

#### Direct Patient Care

Activity: Assessment/Diagnosis of Addiction and Substance-related Disorders Time Spent on Activity (Hours/Week): 4

#### Applicant's Description of Activity:

Addiction Medicine Practice in Medical Toxicology

I provide direct bedside care and consults as a medical toxicologist locally and support teleconsults for our regional poison center. About 50 percent of our consults are for management of addiction issues, including acute withdrawal, acute drug intoxication, providing recommendations on the use of or side effects of methadone, buprenorphine.

### Hours in Practice

## Research/Training/Administration

Activity: Teaching or Educational Contributions Time Spent on Activity (Hours/Week): 5

#### Applicant's Description of Activity:

As a medical toxicologist I spend a significant amount of time preparing and presenting professional level educational content. These hours represent those with a focus on addiction medicine, with grand rounds, Texas medical association, local symposiums, as well as our fellows and local rotators. Presentations have included topics on Designer drugs, opioid prescribing, withdrawal syndromes. I have prepared online materials regarding stimulants, published FOAM articles on synthetic drugs, and an article on nonpharmaceutical fentanyls.

### Hours in Practice

Research/Training/Administration Activity: Other

Time Spent on Activity (Hours/Week): 3 Applicant's Description of Activity:

As a medical toxicologist, I am furthering the field of addiction medicine through research. These hours represent the hours I spend specifically on addiction focused projects. I have participated in a number of original research projects with others from my organization, including a study on intoxication in persons bitten by snakes, a survey study of health care worker's knowledge of designer drugs, and am planning a project regarding synthetic drugs, as well as others.

Hours in Practice

Research/Training/Administration

Activity: Teaching or Educational Contributions Time Spent on Activity (Hours/Week): 1

Applicant's Description of Activity:

I help to coordinate an educational series targeted to parents with 4 sessions per year regarding addiction and drug abuse. I create content, education pamphlets/handouts, present and provide question & answer feedback.

Practice Activity

Practice

Job Title/Position: Physician, Addiction Medicine Company/Institution/Organization: UT Southwestern

Start Date: 10/1/2017 End Date:

Time Spent on Activity (Hours/Week) in Addiction Medicine : 4

Hours in Practice

Direct Patient Care

Activity: Assessment/Diagnosis of Addiction and Substance-related Disorders Time Spent on Activity (Hours/Week): 4

Applicant's Description of Activity:

For the last 9 months, I have joined the addiction medicine team in the Perinatal Intervention Program, providing pregnant women with addiction related interventions, including stabilizing opioid withdrawal, assessing risk, counseling regarding opioid maintenance options, treatment program options, and outpatient follow up during their follow up appointments.

Practice Activity

Practice

Job Title/Position: Clinical Educator Company/Institution/Organization: UT Southwestern

Start Date: 7/1/2016 End Date:

Time Spent on Activity (Hours/Week) in Addiction Medicine

Hours in Practice

Research/Training/Administration Activity: Published Work

Time Spent on Activity (Hours/Week): 20 Applicant's Description of Activity:

At the end of my toxicology fellowship, I began working on a Book chapter on withdrawal syndromes, published in Intensive Care Medicine this year. This continued well beyond the end of my fellowship and was considered an additional activity, rather than a requirement of the fellowship.