



Hours in Practice

Direct Patient Care

Activity: Assessment/Diagnosis of Intoxication

Time Spent on Activity (Hours/Week): 5

Applicant's Description of Activity:

Activity: Emergency Department Observation of the medical aspects of all types of substance use disorders.

In the virtual ED observation unit, I treat encounter many addiction issues: patients with opioid use disorder, who may have issues with pain control and withdrawal; patients with cannabinoid induced hyperemesis; patients with tobacco use disorder, requiring nicotine replacement and cessation counseling; those developing alcohol withdrawal; chest pain as a result of cocaine use, & CHF due to cocaine, amphetamines, cathinones. I routinely provide acute management, counseling and follow up resources.

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Hours in Practice

Direct Patient Care

Activity: Assessment/Diagnosis of Intoxication

Time Spent on Activity (Hours/Week): 5

Applicant's Description of Activity:

Job Title/Position: Medical Toxicologist Company/Institution/Organization: Safety Call international Poison center, St. Paul, MN.

Start Date: 2/15/2016

I provide virtual bedside care and consults as a medical toxicologist locally and support telemedicine consults for our international poison center. About 20 percent of our consults are for management of substance use disorder issues, including acute withdrawal, acute drug intoxication. The range of patients include patients who directly contact the poison center to hospitalized surgical, medical, pediatric, and obstetric intensive and critical care patients.

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Hours in Practice

Research/Training/Administration

Activity: Clinical Contributions

Time Spent on Activity (Hours/Week): 5

Applicant's Description of Activity:

As a medical toxicologist I spend a significant amount of time preparing and presenting professional level educational content. These hours represent those with a focus on addiction medicine, with grand rounds, local symposiums, as well as our fellows and local rotators. Presentations have included topics on Designer drugs, opioid prescribing, withdrawal syndromes. My audience consists of first responders including fire, paramedic, law enforcement, and all types of hospital personnel.

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Hours in Practice

Research/Training/Administration

Activity: Research, Administrative, or Training Volunteer Activities

Time Spent on Activity (Hours/Week): 4

Applicant's Description of Activity:

I assist in the coordination focused educational series targeted to law enforcement, EMS/fire, community substance use outreach programs, parents and elementary and high school students regarding addiction and drug abuse. I create content, education pamphlets/handouts, present and provide question & answer feedback.

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Hours in Practice

Research/Training/Administration

Activity: Administrative Appointments

Time Spent on Activity (Hours/Week): 5

Applicant's Description of Activity:

Substance Use Disorder Committee, St. Nicholas Hospital, Co-Chair.

Date of service: 1/1/19-present. Coordinate community, outpatient, and inpatient substance use disorder evaluation, treatment, and resource programs.

Date of service: 1/1/19-present.

As a Medical Toxicologist in my hospital, I wrote the treatment protocol for use of Ketamine in both acute and maintenance for chronic pain syndromes in the outpatient setting. I monitor and assist other practitioners, including pain management and anesthesia colleagues.

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Additional Questions

Preferred Name on Certificate: Richard Toby Tovar

ADA-Compliant Special Accommodations Requested: No

Previously sought certification for an ABPM specialty or subspecialty: No

Specialties and years of application details:

Gender: Male

Additional Comments:

None Specified