President’s Perspective

Technology and Toxicology

Leslie R. Dye, MD, FACMT
President

I think the most useful class I ever took in all of my years of education was typing in high school, back in the days when computers took up entire buildings. My parents insisted that my brothers and I take the elective, and they weren’t looking at it as a stepping stone for secretarial work. My mother was a teacher and my father an engineer, and both realized what an important skill typing was regardless of career choice. My father was getting his MBA when I was in high school and had a monstrous machine in his office (much bigger than a desktop personal computer) that he used to make key cards. I get particularly nostalgic about the IBM Selectric when I think about the time we had to follow directions to type a series of letters that created a picture and I was the only one in the class who could do it without errors. Before the teacher put my paper up on the bulletin board, she told me to type my name and I made a mistake! Fortunately, I learned to type before the personal computer became so popular, and by the time I was in residency, I was doing work on an Apple word processor. It seems that, as usual, my parents were right. Obviously technology has exploded and my relationship with it continues to change. I chose this as the topic because I believe toxicologists need to embrace technology and use it to our advantage. I also don’t think anyone is too old to learn many of the programs that make our lives easier and more interesting.

When I realized that I am not great, but not bad when it comes to new technology, I went through a stage where I tried to keep up with it all! What a folly. I was so discouraged that as soon as I learned Facebook and Twitter, everyone was using Snapchat and Instagram. Subscribing to Netflix allowed me to post about Orange is the New Black, but now it’s all about streaming television. I loved satellite radio and along come Pandora and Spotify. So I had to adjust my expectations.

I heard the President of Thomas Jefferson School of Medicine talk about how we need to shift our paradigm. He referred to the different models used by Blockbuster and Netflix, and suggested that medicine will be following a similar pathway towards modernization. There will be fewer brick and mortar structures for health care, and buildings will be replaced by online technology bringing patients and providers together remotely. Not only will visits be done remotely, but all of the applications and technology geared to health and fitness will be integrated into the patient’s medical record. There are so many devices and applications that I can’t name them all. I know that many patients with diseases where weight
change is a critical marker (heart failure, renal failure) have scales at home that sync with their health care providers, with a goal of avoiding worsening illness and hospitalization. I am enthralled by the work of many researchers using electronic devices and applications for addicts in recovery to aid them with cravings and to encourage them to use electronic tools rather than drugs.

While many of our members are very tech-savvy, there are some ACMT members that have been slower to embrace technology. Maybe this message will bring them some hope. By adjusting my attitude on technology, I have found it much more palatable. I don’t have to know how to use it all, but I really need to keep my mind open to technology that makes my life easier, both at work and at home. And most of the applications and devices are so intuitive, if I just have the confidence that I can use them. I think we have to be open using telemedicine to do virtual visits in our toxicology practices and to provide care to those in areas underserved by medical toxicologists. If only my father had lived to use an iPhone! He would have embraced it.

Welcome New Board Member

We are pleased to announce the results of its 2016 special election to fill the vacant seat on the ACMT Board of Directors. Please join us in congratulating our new Board Member, Evan Schwarz, MD. Dr. Schwarz is the Director of Medical Toxicology Fellowship at Washington University School of Medicine and has been actively involved with ACMT for many years. He participates in the Education Committee, Fellowship Directors Committee, and Recent Graduates Section. He has lectured at and assisted in planning the Board Review Course and is the co-director of the 2016 course. He has also lectured at the Environmental and Health Consequences of Clandestine Methamphetamine Laboratories series, as well as the LLSA review series at NACCT for ACMT. In addition, he is very active with ToxIC (the Toxicology Investigator’s Consortium) as his site’s PI and a member of the ToxIC steering committee.

Dr. Schwarz’ term will begin immediately.

ACMT Educates

Louise Kao, MD, FACMT, Education Committee Chair

The Education Committee is pleased to report on our upcoming excellent offerings.

**NACCT** will be held in Boston, MA from September 12-16th 2016. Our ACMT PreMeeting will be held on September 13, 2016. Please join us to learn about “New and Novel Rx: Drugs, Antidotes, and Delivery Systems” followed by the always excellent Clinical Pathological Case Presentation Competition (CPC) where puzzling cases are presented and discussed. This year our Scientific Symposium will inform us about new developments in Precision/Personalized Medicine and the Practice Symposia will cover Laboratory Surveillance for Novel Drugs of Abuse.

Our two Fellow-in-Training sessions will discuss Medicolegal Consulting and Medical Directorship. The Education Committee will meet in person at NACCT and is open to all. Registration is open now for NACCT.

Save the date for our 2016 Medical Toxicology Board Review Course! This will be held Thursday, September 29- Saturday, October 1, 2016 at the Hilton Salt Lake City Center in Salt Lake City, Utah. As always this highly rated course will offer great speakers, teaching and study guides, and quiz questions. New this year, there will be a conference app for the course.

**Registration is open for the Board Review Course as well.**

For the **Annual Scientific Meeting 2017**, we will return to beautiful San Juan, Puerto Rico from March 30-April 2, 2017. The Satellite symposium will discuss the epidemic of addiction and prescription opioid abuse, and the main meeting will focus on maximizing the impact of toxicology with research, education, and clinical practice.

Don’t miss the **ACMT Grand Rounds webinar**, held every second Tuesday on months opposite National Journal Club. This series highlights speakers outside of medical toxicology sharing their expertise on a diverse array of topics. If you have a suggested speaker, please contact J.J. Rasimas, MD, FACMT at joseph.j.rasimas@healthpartners.com. Also the National Journal Club and National Case Conference webinars continue to provide stimulating discussion of our toxicology literature and fascinating cases. Please view the conference calendar here for dates and times.

The Education Committee has been restructured into working groups as follows:
Annual Scientific Meeting 2017 Chairs: Andrew Stolbach, MD, FACMT & Bryan Judge, MD, FACMT
NACCT 2016 Leader: Christina Hantsch Bardsley, MD, FACMT
Board Review Course Leaders: Patrick Daubert, MD, FACMT, Evan Schwartz, MD, FACMT & Michael Levine, MD, FACMT
Forensic Course Leader: Lewis Nelson, MD, FACMT
Webinars Leader: J.J. Rasimas, MD, PhD
Evaluations Leader: Bryan Judge, MD, FACMT
Needs Assessment/CME Leader: Ziad Kazzi, MD, FACMT
The Next Big Thing Leader: Chuck McKay, MD, FACMT
Enduring Education Leader: Gillian Beauchamp, MD

Thank you to the working group leaders for their efforts thus far and for their leadership and involvement! All current education committee members have been assigned to one or two working groups. If you desire to participate in a working group, please contact Louise Kao, MD, FACMT at lkao@iuhealth.org.

Medical Toxicology Board Review Course
Registration Now Open!
September 29 - October 1, 2016
Hilton Salt Lake City Center, Salt Lake City, UT

- The only professional association that focuses solely on medical toxicology.
- Be informed by nationally recognized, multidisciplinary medical toxicology faculty.
- Study content specifically designed for the medical toxicology subspecialty exam offered jointly by ABEM, ABP, and ABPM.
- Gain new insight into current clinical issues, particularly those not seen in your daily practice.
- Optimize your retention of factual knowledge as the course is conveniently scheduled close to the board exam date.
- Strengthen your practical knowledge in key subjects by attending the “stimuli” room with clinical images and case based modules.
- Benefit from an intensive learning environment that prepares you for your board subspecialty exams.
- A complete electronic syllabus with over 700 practice questions (and answers) will be available to all who register for this course.

REGISTER NOW
Clerkship Council on Medical Toxicology (CCMT)
Ziad Kazzi, MD, FACMT, CCMT Committee Chair

On behalf of the Clerkship Council on Medical Toxicology (CCMT), we are pleased to share the following updates:

We have created a Medical Student Education subtopic under the ACMT Forum. Please feel free to use it to discuss issues of common interest to medical student educators and clerkship directors.

We have updated the Clerkship Directory information in collaboration with the various clerkship directors. Please review your site information on a regular basis and email any updates to info@acmt.net.

CCMT will participate in a National Medical Student webinar that is being organized by the ACMT Membership Committee to introduce medical students to the field of medical toxicology. Stay tuned for more information!

The Resident & Medical Student Track at ASM 2017 is being planned in collaboration with the American Academy of Emergency Medicine’s Resident and Student Association and Diversity and Inclusion Task Force. Please email us at ccmt@acmt.net if you have specific topics to propose that are appealing to medical students and residents.

We look forward to your suggestions and active participation! Remember to communicate through the Forum and check out our webpage which is currently in development!

MTFITA Update
Sean Boley, MD, MTFITA President

The fellows in training met at the ACMT meeting in Huntington Beach and elected a new group of officers for the 2016-2017 academic year. Drs. Sean Boley, Dalia Alwasiyah, Joshua Shulman, Kathy Vo, and Abby Montague are looking forward to leading the group over the next year. We hope to continue the hard work that the previous officers have been working on for the past year. Most importantly, we aim to increase our visibility both in the field of toxicology, as well as in the broader emergency medicine community. We plan to have a fellow publish an article in an emergency medicine newsletter or similar publication on a monthly basis to help raise the profile of our field and hopefully encourage residents to consider toxicology as a career pursuit.

Additionally, as the only group specifically focused on the interests of toxicology fellows, we would like to identify ways to better support the fellows as a group. We have found through our discussions that there are many resources that are duplicated across fellowship programs. To this end, we are working on a putting together compendium of important, “landmark”, articles in the field with accompanied article summaries. This would not only help with our day-to-day patient care, but also with resident and student teaching. In the same vein, we hope to identify what other shared resources we could make available through the ACMT fellow web portal. We look forward to other opportunities and collaborations that may arise over the next year and encourage others – both fellows and staff toxicologists - to reach out to us (mtfita@gmail.com) if there are projects that pertain to the fellows with which we could assist.

The Medical Toxicology Foundation is a not-for-profit charitable organization affiliated with the American College of Medical Toxicology and is intended to provide ACMT members, the general public, and commercial sponsors with a tax-deductible mechanism to support Medical Toxicology. Your gift to the Medical Toxicology Foundation - a 501(c)(3) educational organization - is tax-deductible to the fullest extent allowable by law.

To learn more about the Medical Toxicology Foundation and its mission, please click here.

Donations always welcome.
CLICK HERE TO DONATE!
Addiction Medicine Section
JoAn Laes, MD, Co-chair Addiction Medicine Section ACMT

Just recently, the American Board of Medical Specialties (ABMS) recognized Addiction Medicine as a distinct medical subspecialty. Like the patient population that suffers from this disorder, the expertise that has responded to treat addiction is diverse. Providers that have become certified in Addiction Medicine come from a variety of medical specialties often to which additional training has been added, typically through a practice pathway as well as focused CME. The recognition by ABMS has coincided with the development of new fellowship training programs that will drive addiction training into new directions with regard to education, treatment and research. This represents unique opportunity for Medical Toxicologists whether it is in contributing academically or in expanding clinical practice.

Addiction Medicine practice falls on a continuum with the requisite need for specific expertise varying by patient type and presentation. On one hand we have the Addiction Psychiatrists who are well suited to treat the psychiatric comorbidities of individuals with addictive disorders. On the other side are the Medical Toxicologists, skilled in treating intoxication, overdose and withdrawal. Medical Toxicologists are also able to respond to complications from the medications used to treat substance abuse such as precipitated withdrawal from naltrexone or buprenorphine; and many of us understand the science and interpretation of drug testing; have forensic and medicolegal training, and substantial portions of our professional work lie in this area as well.

As of this writing there are 34 Board Certified Medical Toxicologists that have added the Addiction Certificate to their qualifications. This is nearly 8% of all currently Board Certified Medical Toxicologists. This is not only visible within ACMT but our colleagues in the Addiction Medicine professional groups are starting to recognize our expertise as well. Three ACMT members were selected to the American Society of Addition Medicine (ASAM) Drug Testing Expert Panel: Lewis Nelson, MD, FACMT from NYU, Timothy Wiegand, MD, FACMT from URMC and Kurt Kleinschmidt, MD, FACMT from UT Southwestern. ACMT members were active at the 2016 ASAM Annual Conference from April 14-17th in Baltimore, Maryland. JoAn Laes, MD along with Drs. Nelson and Wiegand, directed a workshop featuring case-based discussion on the treatment and prevention of withdrawal from opioids, benzodiazepines and cannabinoids. Several other Medical Toxicologists also attended the ASAM annual conference. Alex Manini, MD, FACMT contributed to a collaborative presentation sponsored by the National Institute on Drug Abuse (NIDA) on the Reduction in Drug Use and Improved Health. We were also well represented at the New York Society of Addiction Medicine (NYSAM) annual conference with Paul Wax, MD, FACMT and Kavita Babu, MD, FACMT joining me on a panel for discussion on synthetic drugs, their toxicity and treatment. Drs. Babu and Wax also provided lectures on fentanyl and drug testing, respectively. Medical Toxicology is invited to contribute to the NYSAM Annual conference again in 2017.

In the last ACMT Newsletter, Dr. Laes from Hennepin County Medical Center described the development of an Addiction Medicine Consultation Liaison service at a busy county hospital in Minneapolis, Minnesota. Her practice involves a new model of care for Medical Toxicology. She describes collaboration with Advanced Providers (AP) as well as Certified Addiction Substance Abuse Counselors (CASAC) as they are seeing patients in a collaborative consultation model with billing not only physician but AP encounters as well.

ACMT members also met with Kevin Kunz, MD, MPH, while at the ASAM Annual Conference. Dr. Kunz is the Executive Vice President of the American Board of Addiction Medicine (now the ABAM Foundation). We discussed how ACMT members would become certified in Addiction Medicine with the recognition by ABMS. The Practice Pathway will be open again but it remains to be specifically described under the new leadership and formal recognition. The next test for Board Certification will likely be in 2017 but a date has not been set. Dr. Kunz sees collaborations at the fellowship level as one way of promoting awareness of each other’s specialties and looks to the overlap in content between addiction medicine and medical toxicology. The overlap in content and expertise allows us a common ground to have a dialogue about important patient care, education and research.

Alexander Wally, MD, MSc, at the ASAM Addiction Medicine Fellowship Directors meeting in Baltimore, MD, presented “Developing an Addiction Medicine Consultation Service,” Dr. Wally is Director of the Boston University/Boston Medical Center Addiction Medicine Fellowship. You can review the slides (thanks to Dr. Wally) here. These slides complement Dr. Laes’ article and describe the development of an ADM consult service from an addictions specialist perspective. In reviewing the presentation it is very easy to see the overlap with medical toxicology. Many of the diagnosis overlap with those seen by Medical Toxicologists on a consult service. The billing and reimbursement models are similar as are the types of diagnosis and encounter codes used during consultation and patient care.

Join the ACMT Addiction Medicine Section as we participate in a monthly case conference and discussion of clinical care on the 3rd Friday of each Month. The conference is moderated by URMC Toxicologists and hosted by the SUNY Upstate Medical Toxicology Fellowship. Specialists in Toxicology and Addiction join together to discuss important cases and patient care. On May 20th, Dr. Kunz also joined the webinar to discuss the changes in training after ABMS recognition and how it will specifically pertain to medical toxicology and future certification by the Practice Pathway and specific CME.
Finally, on Tuesday, July 12th at 12:00 EST at the ACMT National Journal Club we will be presenting 3 of the ABAM Self Assessment articles used for Maintenance of Certification (MOC) for Addiction Medicine. These articles have pertinence for not only Addiction Medicine but the content overlaps with Medical Toxicology as well. Look for the specific articles to come out in the coming week. For questions or to get involved in the Addiction Medicine Section contact Dr. Timothy Wiegand (URMC) at timothy_wiegand@urmc.rochester.edu or Dr. JoAn Laes (HCMC) at Laes0004@gmail.com.

Journal of Medical Toxicology
Mark Myczek, MD, FACMT, JMT Editor-in-Chief

The Journal of Medical Toxicology (JMT) released its 2nd issue of 2016 right before June 1st. In addition to our regular features, the new issue includes new scholarship about naloxone, new ACMT position statements about opioids, and a friendly debate in the Poison Pen section. Read it online or on the JMT mobile app. Don’t forget to check out JMT’s Podcast 2.0 hosted by new podcast editors Greg LaSala, MD and Jeff Lapoint, DO. Their first full episode highlights our June issue -- you can listen to the podcast via iTunes, the link at ACMT’s JMT page, or the link at Springer’s JMT webpage.

Starting July 1st, Trevonne Thompson, MD, FACMT will be the new Associate Editor of the Leslie R. Dye Fellow in Training (FIT) editor program. He takes over from Christine Murphy, MD, one of our earliest FIT members and the inaugural Associate Editor of this training program for fellows interested in learning more about editing and publishing. We want to thank Dr. Murphy for her many years of terrific work on this program. We are happy to announce she will remain on the editorial board as a decision editor. Fellow applications to join the editorial board for a one-year term will be solicited in the autumn of this year.

JMT has partnered with ACMT’s PAC to have a more active social media presence with quarterly Fireside Tox Tweet chats. The first session on lead poisoning was moderated by FIT member Peter Chai, MD in March, and by all accounts it was a huge success. Be on the lookout for future #fireside events -- for more information, please contact Dr. Chai.

JMT will continue to adapt and evolve to meet the needs of our readers. If any questions or comments about JMT, we’re always happy to hear from you: jmtinfo@acmt.net.

Visit JMT Online
Bookmark us at: http://www.acmt.net/cgi/page.cgi/journals.html

Or get to us from the ACMT Homepage by clicking ‘Journal of Medical Toxicology’ under the Forum & Publications menu, or click the JMT Icon at the bottom of the page.
Pediatric Environmental Health Specialty Unit (PEHSU) Program

Carrie Dickenson, PEHSU Program Manager

PEHSU National Classroom - New PEHSU eLearning Courses Available!
The PEHSU program announced the addition of our newest eLearning courses to the National Classroom! This two-part course, Pesticides and Child Health: Acute Exposures and Recognition and Pesticides and Child Health: Chronic Exposures and Prevention, will focus on the impact of pesticide exposures on human health at vulnerable stages of in utero and pediatric development, with consideration of risk reduction.

Learning Objectives:
• Implement strategies that aid in overcoming diagnostic challenges associated with both acute and chronic pesticide exposures.
• Describe the signs and symptoms of acute organophosphate, carbamate, and pyrethroid poisoning in children given a set of pediatric case facts.
• Discuss the pediatric morbidities associated with early life pesticide exposure based on current toxicological and epidemiological data.
• Identify the appropriate anticipatory guidance that enables patients to limit childhood pesticide exposures given relevant case information

The course qualifies for CME, CNE, CEU, and CECH provided by the Centers for Disease Control from 03/01/2016 to 03/01/2018. Please note you must complete both modules to qualify for continuing education. The course is available in the PEHSU National Classroom.

PEHSU National Classroom Demo
In preparation for the upcoming school year, ACMT is relaunching its series of modules on contemporary issues in environmental toxicology and environmental health developed by leading authorities in medical toxicology. The modules are now hosted within the PEHSU National Classroom. Through the Classroom, students can self-register, access individual modules, and track their progress. Not only will participants have access to ACMT’s educational courses, they will also be able to access many other educational products developed by the PEHSU program. Products include case conference, grand rounds, and journal club webinars, as well as eLearning modules developed by experts in pediatric environmental health.

As part of the PEHSU Webinar Series, ACMT recently hosted a Case Conference in April entitled Cases and Controversies in Region 7, which described the activity of the PEHSU as it pertains to lead poisoning surveillance in Region 7, discussed controversies in management when uncommon sources are found to cause elevated lead levels in children, and recognized unintended consequences from acute exposures to environmental toxins such as mercury. In May, Region 8 held a Grand Rounds webinar, Marijuana and Its Impact On Adolescent and Perinatal Populations, which described the impact of marijuana on prenatal/breastfeeding, and how it is being used in epilepsy treatment. Both webinars are available on-demand in the PEHSU National Classroom.

The June PEHSU webinar entitled: Old Poison, New Findings: Arsenic’s effect on maternal and child health can be found on our website here: http://www.pehsu.net/webinars.html.

ACMT Online Directories
If you have not been on the ACMT website recently, it has gone through some significant changes over the last several months. One of the newest changes has been to the ACMT Directories: Inpatient and Outpatient Directories and Clerkship and Fellowship Directories.

These directories allow the public to search for a provider or program on the ACMT website by city or state. An exciting enhancement is that ACMT members now have the ability to add or update their listings through their ACMT Member Center profile. If you are a service provider or program director, please review your information in the appropriate directories to make sure it is up to date. If your information is not listed, you may add it by logging into your ACMT profile. Please contact us at info@acmt.net with any questions.

Please click here for a PDF on how to update or add your listing on the website.
Opioid abuse, withdrawal management, and addiction medicine are really hot topics, just take a look at the number of related JMT articles in 2016. And thus I thought it would be timely to introduce to you an ACMT Affiliate Member who has dedicated his career to Addiction Medicine. Dr. Michael S. Levy is the Founder and Medical Director of the Center for Addiction Medicine in Las Vegas, Nevada.

Dr. Levy is a West Virginia native where he obtained his medical degree at the West Virginia School of Osteopathic Medicine. He completed a Family Practice Internship at Phoenix General Hospital in June 1980. During his internship he worked at a private addiction treatment center for women addicted primarily to ethanol and barbiturates. Ultimately he became the director of the center where he remained for 6 years while maintaining a private practice in Family Medicine and Addiction Medicine.

Dr. Levy was lured to the Milwaukee, Wisconsin area in 1989 after attending a tobacco dependence conference in Minneapolis. He stayed in the Midwest for 3 years practicing Addiction Medicine and then returned to Arizona to become the director of an indigent treatment program for Maricopa County.

Dr. Levy has been treating patients addicted to a variety of substances in Las Vegas since 1995. He founded the Center for Addiction Medicine in 2000 and focuses his practice solely in this discipline. Dr. Levy treats patients through all phases of addiction – from those who are actively addicted through maintenance recovery. He is passionate about this discipline and the patients he treats. He is a Board Certified Fellow in Addiction Medicine through the American Society of Addiction Medicine.

Dr. Levy is intrigued by the science of toxicology and is a staunch advocate for medication assisted recovery with a primary focus on buprenorphine. He has great admiration for Medical Toxicologists and appreciates learning from the various resources provided by ACMT. It is great knowing that we have an Addiction Medicine specialist within the ranks of ACMT. Dr. Levy can be reached at mslevy@addictionhelp.com.

Melanie joined ACMT in May 2015 in a part-time role as Accounting and Grants Compliance Manager. Her responsibilities include overseeing the general accounting function and annual audit as well as financial analysis, budgeting and federal grant management and compliance.

Melanie received a Bachelor of Science degree in Accounting from Indiana University and after nearly 18 years in various accounting roles, discovered her niche in the nonprofit sector in 2007 when she became the accounting manager for a community foundation in Indiana. Most recently she was Director of Finance for South Carolina Campaign to Prevent Teen Pregnancy where she also gained federal grants management experience. In June 2014, Melanie relocated to Gilbert, Arizona where she lives with her husband, two young teenagers and golden retriever. She is also mom to a daughter who visits during semester breaks from The University of South Carolina.
Calendar of Events

Webinar Schedule

July 2016
- July 12, 2016 at 12pm
  ACMT National Journal Club
- July 14, 2016 at 12:30pm ET
  Addiction Medicine Webinar
- July 21, 2016 at 1pm ET
  ACMT National Case Conference
- July 27, 2016 at 1pm ET
  PEHSU Grand Rounds Webinar

August 2016
- August 9, 2016 at 12pm ET
  ACMT Grand Rounds
- August 18, 2016 at 1pm ET
  ACMT National Case Conference
- August 19, 2016 at 12:30pm ET
  Addiction Medicine Webinar
- August 24, 2016 at 1pm
  PEHSU National Case Conference

Visit the ACMT Webinar Webpage to view recordings of previous webinars.

Sept 12-16  2016 NACCT
Boston, MA
More Information

Sept 18-21  SPS/CSPT/SPS Joint Meeting
Vancouver, BC
More Information

Sept 29- Oct 1  Medical Toxicology Board Review Course
Salt Lake City, Utah
More Information
Register Now

Oct 15-18  ACEP Scientific Assembly
Las Vegas, NV
More Information

Oct 16-21  SOFT Annual Meeting
Dallas, TX
More Information

2017

March 12-16  SOT Annual Meeting and Tox Expo
Baltimore, MD
More Information

March 31- April 2  ACMT Annual Scientific Meeting
San Juan, Puerto Rico
More Information

We want to hear from you! Please share with us any news of yourself or ACMT colleagues and we’ll include it in the next ACMT newsletter. We also welcome comments and suggestions for future newsletters. Send information to newsletter@acmt.net.

Thank you - The Editors
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